



# FEARLESS

CODE





**My belief about health:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤ :

• Notes and keywords:



**My belief about partnership / marriage:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about low / sexuality:**



Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about family:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about friendship / acquaintances:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about social life:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



### My belief about home / place of residence

Active

#### My old belief:

① Content old belief = What I have previously thought:

#### My new belief:

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about discipline / consistency:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about independence:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤ :

• Notes and keywords:



**My belief about careers:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤ :

• Notes and keywords:



**My belief about finances:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤ :

• Notes and keywords:



**My belief about success:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about self-fulfillment:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about self-awareness / growth / development:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤ :

• Notes and keywords:



**My belief about self-confidence:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

⑥ My new belief = ④ + ⑤:

• Notes and keywords:



**My belief about creativity / productivity:**

○  
Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

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• Notes and keywords:



**My belief about free will:**



Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

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• Notes and keywords:



**My belief about focus:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

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② This is how I want to feel:

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④ Statement = ② + ③ :

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• Notes and keywords:



**My belief about leisure / hobbies:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

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• Notes and keywords:



### My belief about travel / vacation / recreation

Active

#### My old belief:

① Content old belief = What I have previously thought:

#### My new belief:

② This is how I want to feel:

③ This is what I want to perceive:

④ Statement = ② + ③:

⑤ Content new belief (Keywords) = What I want to think now:

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• Notes and keywords:



**My belief about emotional intelligence:**

Active

**My old belief:**

① Content old belief = What I have previously thought:

**My new belief:**

② This is how I want to feel:

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④ Statement = ② + ③ :

⑤ Content new belief (Keywords) = What I want to think now:

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• Notes and keywords:



**My belief about life dreams:**

Active

**My old belief:**

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• Notes and keywords:



**My belief about:**

Active

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**Health**

**Partnership / Marriage**

**Love / Sexuality**

**Family**

**Friendships / Acquaintances**

**Social life**

**Home / Place of residence**

**Discipline / Consistency**

**Independence**

**Career**

**Finances**

**Success**

**Self-realization**

**Self-awareness / Growth / Development**

**Self-confidence**

**Creativity / Productivity**



**Free will**

**Focus**

**Leisure / Hobbies**

**Travel / Vacation / Leisure:**

**Emotional Intelligence:**

**Life Dreams**

**Self-Realization**

**Self-Awareness / Growth / Development**

**Self-Confidence**

**Creativity / Productivity**

**Free Will**

**Focus**

**Leisure / Hobbies**

**Travel / Vacation / Leisure:**

**Emotional Intelligence:**

**Life Dreams**



***“If you want to experience something  
you haven’t experienced before,  
then you should think  
in a way you’ve never thought before.”***